

Reflections

Lesson 3

For this section, take some time to think about the work that Christ has done in your life. Answer the following questions as best you can, even if you don't remember some of the details. No one's story is the same, so don't worry if your memories don't sort neatly into the questions below. Simply reflect on your spiritual journey thus far.

Beginning Your Journey

If you have not yet accepted Christ as your Savior, please consider talking with a mature Christian in your family or church. God offers salvation for free. We can't earn it—we simply ask for it. This book will encourage you to have better relationships, but none is more important than your relationship with God.

- Name _____
- How I'd describe myself before I accepted Christ: _____

- The things that discouraged me from accepting Christ: _____

- The people that God used to turn me toward Jesus: _____

- The circumstances in which I accepted Christ including. . .
 - The events that prompted me to make a decision
 - How I accepted Christ
 - What immediately followed_____

- What other significant decisions have I made since then? How has God grown and changed me? _____

- What do I enjoy doing? What am I good at? How do I enjoy helping others?

- What kind of person do I want to be? What do I want to do with this life? _____

- What struggles in my life most concern me now? What things still don't make sense?

- What I go for advice? Who can listen *and* help? _____

- Should I find new lifelines and sources of strength? If so, where should I start looking?

By answering these questions, you've begun to meditate on God's work in your life. Your story has just begun to take shape, but even now, you should be able to see God's grace on display.

When Meditation Is Painful

If much of your life is painful to think about, or if you feel hopeless where you are now, please reach out to your pastor, a counselor, or any mature Christian you can trust. God did not design your path to be walked alone, so don't hesitate to ask someone to come alongside you. As a believer, you may feel lonely, but you will never, ever be alone.

Peace in the Storm

Meditating on Your Most Important Relationship

Read John 17.

This passage records Christ's prayer the night before His crucifixion.

- What was Christ's primary purpose in coming to Earth (vv. 1, 6)?
- Who was Christ praying for (v. 20)?
- What was His motivation? What blessing did He want for us (v. 26)?

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